





## **Professional Peels**

Refresh your skin with fast and effective peels for smooth, healthy and radiant skin, revealing a delightful youthful glow.

Our peels include:-

- Obagi® Blue Peel Radiance –

   a light chemical peel that is
   extremely effective on a wide range of skin issues, from acne scars to
   sun damaged skin.
- NeoStrata® ProSystem Retinol
  Peel an advanced, physicianstrength peel used to exfoliate
  the appearance of fine lines and
  wrinkles, help reduce acne, improve
  skin laxity, stimulate the production
  of collagen whilst promoting a
  bright, even and clear complexion.







## The Ultimate Peel and Facial Combined

This ultimate skin experience is the perfect combination of a peel and facial, both from the renowned healthcare brand DÉCAAR.

**The DÉCAAR Algae Peel** is a combination of natural ingredients based on Algae, Herbs and Perfluorodecalin. It works differently to any other skin resurfacer from the inside out – from the basal layer to the surface. It accelerates skin cell turnover from 4-8 weeks to an outstanding 72 hours!

**The Breath of Life Oxygen treatment** is a complimentary bonus facial that harnesses the power of oxygen infusion - providing the deep skin layers with molecular oxygen. Using the key ingredient, Perfluorodecalin, which contains up to 300 times more oxygen than water. No cell is left unturned and is beneficial for all skin types and promotes a more youthful complexion!





DÉCAAR



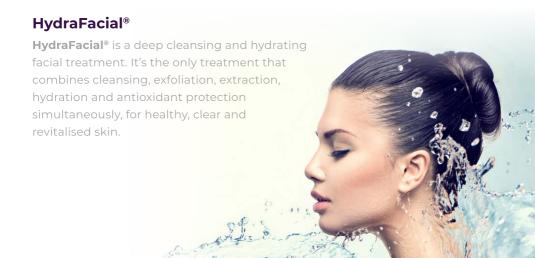
## **CooLift CO2 Radiance Facial**

**Coolifting**® is a revolutionary new system that delivers the fastest treatment ever seen to challenge the effects of aging on the face.

A **CooLift CO2 Radiance Facial** treatment includes cleansing, gentle exfoliation, mild peel, Cryoglobe facial massage & LED skin rejuvenation.

It really can remove years in minutes!







## **Deluxe Facials**

Revitalise your skin for a more radiant, youthful look.

Our facials include:-

- Triple Action Signature Deep Cleanse Facial – with blackhead extraction, expertly rejuvenating your skin.
- Bespoke Deluxe Facials –
   premium treatment involving the
   use of different electrical treatment
   modalities to offer stunning results.
- Power Pure Vitamin C Booster Facial – a deep facial cleanse & Retinol sugar peel for your face, neck and shoulders.

All facial treatments include a relaxing Gua Sha lymphatic facial massage, steaming, mild peel and light extraction.

 Mirconeedling – a Collagen induction therapy that can improve the appearance of deep lines and wrinkles, shrink open pores and improve the pitted appearance of acne scarring.





**Facial Aesthetics** 



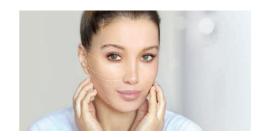
## Wrinkle Reduction

Turn back time and restore confidence with wrinkle reduction and a smoother complexion.

# Teoxane and Azzalure® wrinkle reduction is suitable for:–

- Areas that are susceptible to the ageing process
- · Forehead creases and frown lines
- · Crow's feet and bunny lines
- Vertical lip lines and depressed lip corners
- · Pitted or pebble chin
- · Vertical neck bands

**Teosyal Redensity® 1** – composed of ingredients naturally found in the skin, it is designed to prevent premature skin ageing, restore skin density and maintain skin glow.





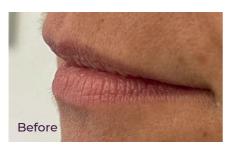
## **Filler Treatments**

**Teoxane dermal fillers** – revitalise your face, smoothing away lines and restoring volume in all the right places to combat the signs of ageing leave you looking more youthful and feeling fresh-faced.

Areas that need revitalisation to enable a more youthful appearance:-

- · Lip contouring or augmentation
- · Cheekbones and cheeks
- Neck and decollete
- · Marionette lines
- · Oval of the face

**Teoxane lip fillers** – transform a thin pair of lips into a natural looking, voluminous smile, creating a more healthy and youthful appearance.





Stimulating Skin Boosters



We offer a range of superb, non-invasive skin booster solutions that can significantly improve your appearance and give you radiant, healthier looking facial skin.

**Profhilo®** - with one of the highest concentrations of hyaluronic acid on the market, Profhilo not only boosts and hydrates the skin, but also remodels ageing and sagging tissue.

- · Fast results (seen within the first week)
- · Reduces fine lines and wrinkles
- Suits all skin types and ages, particularly 40+

**Ameela® polynucleotides** - known to have multiple benefits for the skin, including the stimulation of collagen, elastin and hyaluronic acid production. It is able to regenerate and repair tissues due to its DNA-derived components.

- Works deeper for longer lasting results
- · Rejuvenates skin firmness and elasticity
- · Results appear gradually over several weeks

**Sunekos** - an extremely popular skin treatment that uses a patented combination of amino acids and hyaluronic acid to stimulate your skin to produce more collagen and elastin, restoring the vibrancy, youthful glow and health of the skin.



### Maximise your potential by looking and feeling your best.

Our treatments include:-

- Hyperhidrosis treatment stay dry and fresh by reducing sweating which can affect the whole body or just certain areas. Excessive sweating can be effectively treated with botulinum toxin injections, significantly improving both confidence and quality of life. It can take full effect within two weeks with the results typically lasting for around six months.
- Tattoo removal advances in laser technology mean that the removal of tattoos is now more effective than ever, with treatment using our medical-graded Harmony high power laser.
- Hair removal it isn't just about looking good, sporting performance can also benefit, with hair removal now widely used by many cyclists and body builders to enhance aerodynamics and contours respectively. Our highly effective hair removal system is perfect for removing body hair, particularly on back, chests and legs.
- Hair loss treatment our dermatologist will assess your condition to determine the likely cause and advise on the best course of action for hair loss as well as other hair disorders.



## Improve your skin safely and effectively with stunning results.

Our Harmony treatments include:-

- ClearSkin<sup>™</sup> a non-ablative laser that deeply penetrates the skin for treating acne, blackheads, oily skin and open pores.
- ClearVein<sup>™</sup> laser skin treatments that focus on broken veins, rosacea, age spots, freckles, facial flushing, spider veins and pigmentation.
- ClearLift™ the latest skin remodelling and lifting treatment that combats age-related imperfections including wrinkles, fine lines, photodamage, uneven skin tone and skin laxity.
- Tattoo removal a Q-switched Nd:YAG laser that is ideal for treating both darker ink colours and brighter ink colours with minimal risk of scarring or hypopigmentation.

 iPixel – a highly effective laser skin resurfacing treatment that significantly improves overall skin tone, elasticity and texture.







Remove unsightly, unwanted hair for touchably smooth, hair-free skin.

 Soprano ICE Laser – award winning hair removal treatment, a revolutionary, non-invasive laser treatment for all areas of your body, from abdomen to arms, bikini line to buttocks, chin to chest and for all skin tones and hair types.

## Benefits of choosing Soprano ICE Laser Removal

- $\cdot$  Virtually painless hair removal
- · Proven safety record
- · Quick treatment and no down time
- · All skin tones, even tanned skin
- · Perfect for any area of the body







With increasing waiting times making it more difficult for people to visit their Doctor for routine appointments, our Private GP service provides our patients the convenience and flexibility to book an appointment that suits their lifestyle.

In addition, our appointments allow Dr Dhillon the time to really listen to your worries and create effective plans for your care.

#### Services offered:

- · Adult & child consultations
- · Face to face, phone or video appointments
- · Blood Tests
- · Repeat Prescriptions
- · Referral Letters
- · Fit /Sick notes





# **Weight Loss Injections**

Weight loss injections can be a highly effective way to lose weight and improve general health. However, this is a prescription only treatment and must be carried out under the guidance of a highly trained Medical Doctor.

Our private GP Dr. Raj Dhillon has over 9 years extensive medical experience and can prescribe weight loss injections legitimately and safely, so you can rest assured you are in safe hands at CrownWood Dental & MediSpa.

## **Full Body Health Checks**

Regular health checks provide peace of mind and serve as a proactive measure rather than a reactive one.

#### **HEALTH CHECKS INCLUDE**

- ★ Full head-to-toe physical examination
- \* 60 minutes with a doctor
- \* Medical history and family history discussion
- \* Detailed lifestyle assessment and advice on nutrition & exercise
- \* Comprehensive blood testing
- \* Detailed, bespoke report with your results
- \* Heart risk calculation called Q Risk
- \* Follow-up telephone call with Dr Dhillon to discuss blood result findings



## Safely and effectively improving problematic skin conditions.

Our treatments include:-

- **Cryotherapy** for the removal of skin lesions and blemishes
- Removal of fungal infections in the skin, nails and hair
- Melanoma skin cancer screening, including mole checks
- Hair loss diagnosis and treatment for the underlying condition
- Consultations for eczema and dermatitis
- Removal of contagious but unharmful warts and skin growths
- Expert advice to help with acne

   one of the most common skin
   diseases in the world that almost
   everyone will suffer from at some
   point in their lives





# Your Expert MediSpa Practitioners











#### Alice Hau

With over 20 years' experience in the facial, skin & beauty sector, including over 7 years at CrownWood. Alice's CV includes The Sanctuary Luxury Health & Beauty Spa in Covent Garden, the MediSpa Clinics at Beauty Works West and The Harley Street Skin Clinic in London.

### Dr Benjamin (Chun-Man) Lee

As a Locum Consultant in Dermatology, Dr Lee has over 14 years of clinical experience in medical specialities and primary healthcare and at least 6 years in Dermatology. In early 2018, Ben was awarded a Master's degree with a Merit in Skin Ageing and Aesthetic Medicine and taking his skills in Cosmetic Dermatology and anti-ageing therapies to an advanced level.

#### **Dr Victoria Jaminson**

Victoria has been providing aesthetics and skin treatments at clinics in London and Berkshire for over 10 years. Whether you are looking for wrinkle reduction, dermal fillers, lip fillers, Profhilo Anti-ageing, tear trough treatment or many more, you know you'll be in expert hands

## **Dr Aman Ruprah**

Aman offers an extensive range of non-surgical facial aesthetic procedures using well known effective and safe products such as Azzalure® and Juvederm®. In addition, he has had further extensive training in advanced facial aesthetic techniques.

## **Dr Raj Dhillon**

Dr Dhillon graduated from the prestigious St George's Medical School in 2014, throughout his medical career he has gained extensive experience working within both Plastic and General Surgery, and General Practice.

# Our delighted patients...

"Heaven is actually a place on Earth! It is when you have one of Alice's luxury facials. My skin looks amazing and the 2 hours of pampering bliss has lifted my spirits." - Sally Stacey

"..Victoria really listened, explained and advised me on what would be right for me and did a fantastic job with gentle botox that looks so natural." - **Kerry Curtis** 

"I had a mole check with the dermatologist, Dr Ben Lee, and highly recommend him. It was a thorough consultation, he explained so much about my skin, moles, freckles and sun damage and gave me a real wake-up call about sun exposure. I will be going back to him annually for this check-up." - Tarryn Tredwell

"Raj is exceptionally professional and knowledgeable in his practice of aesthetics treatments. He respects clients wishes but advises professionally to ensure clients leave feeling cared for" - Seb Baheran

# Our partners



































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